

2022 Manitoba Provincials

December 11th, 2022

Location: Sport Manitoba Sports Complex

145 Pacific Ave

Winnipeg, Man

Entry Fee: \$40.00 all categories

Weigh In: Sunday December 11th

U14, U16 U18, U21 and Seniors 09:00 – 10:00 a.m.

Preliminaries begin at approximately 11:30 a.m.

Please Note:

1. Must be a minimum of yellow belt to compete.
2. The tournament director reserves the right to combine categories where there are insufficient entries
3. All categories will be fought in a true double knockout format
4. No Canteen available
5. **IJF rules will be applied.** The following exceptions will be used
 - a. Shime-waza and Kansetsu-waza are not allowed for U14 divisions
 - b. Kansetsu-waza are not allowed for the U16 divisions
 - c. *IJF rules* in the U16 age division and up
 - d. There will be no Golden Score in the U14 divisions
6. Each club should provide one referee for every 10 entrants or less
7. Chief Referee
8. Tournament director Milton Good
9. **Fight-offs for Canada Winter Games selection will also be held after the Provincials**
10. **Senior Men and Women advanced will be Brown and Black belt only, all other divisions, including Senior Men and Women novice, will be mixed belt of blue belt and lower.**

For more information contact Milton Good at 204-467-8854 or mgood@shaw.ca

CATEGORIES

U14 Male

(Born 2010-2011)

-32kg

-36kg

-39kg

-43kg

-47kg

-51kg

-56kg

-61kg

-67kg

+66kg

U14 Female

(Born 2010-2011)

-30kg

-34kg

-37kg

-41kg

-45kg

-49kg

-53kg

-58kg

-64kg

+63kg

U16 Male

(Born 2008-2009)

**-38kg
-42kg
-46kg
-50kg
55kg
-60kg
-66kg
-73kg
+73kg**

U16 Female

(Born 2008 -2009)

**-36kg
-40kg
-44kg
-48kg
-52kg
-57kg
-63kg
-70kg
+70kg**

U18 Male

(Born 2006,2007+2008)

**-50kg
-55kg
-60kg
-66kg
-73kg
-81kg
-90kg
+90kg**

U18 Female

(Born 2006,2007+2008)

**-40kg
-44kg
-48kg
-52kg
-57kg
-63kg
-70kg
+70kg**

U 21 MEN

(Born 2003-2008)

-60kg

-66kg

-73kg

-81kg

-90kg

-100kg

+100kg

U 21 WOMEN

(Born 2003-2008)

-48kg

-52kg

-63kg

-70kg

-78kg

+78kg

SENIOR MEN

(Born 2008 or earlier)

-60kg

-66kg

-73kg

-81kg

-90kg

-100kg

+100kg

SENIOR WOMEN

(Born 2008 or earlier)

-48kg

-52kg

-63kg

-70kg

-78kg

+78kg

**Parking is available on the street for free on Sunday or
in the Sport Manitoba indoor parking for a fee.**

There will only be one competition area

**This is a pre-registration tournament only and all entries will be
through Trackie using this link: [http://www.trackiereg.com/2022-
manitoba-provincials](http://www.trackiereg.com/2022-manitoba-provincials)**

Payment will be due on-site at time of weigh-in