

# Balmoral Judo Club Open

Technical Package 2023

March 25<sup>th</sup> Stonewall Collegiate

5<sup>th</sup> Street West, Stonewall, Manitoba





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# 1. Organizing Committee

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## Balmoral Judo Club

- **Tournament Director**  
Jason Rogowsky  
Email: [jjrogowsky@gmail.com](mailto:jjrogowsky@gmail.com)
- **IT Management and Draw**  
James Colp  
Email: [james.colp@outlook.com](mailto:james.colp@outlook.com)
- **Chief Referee**  
Brian Case
- **Medical**  
Danielle Ariano
- **Emergency / Questions**  
Milton Good  
Email: [mgood@shaw.ca](mailto:mgood@shaw.ca)

## 2. Schedule

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\*\*\* The official schedule is subject to change at the discretion of the Tournament Director in consultation with the Organizing Committee \*\*\*

Friday, March 24 <sup>th</sup> , 2023		Stonewall Collegiate
5:30pm to 7:00pm	Official Scales Open	Stonewall

Saturday, March 25 <sup>th</sup> , 2023		Stonewall Collegiate
8:15am to 10:00am	Official Weigh-in U14 and Up	MPR
10:00am	Referee Meeting	TBA
10:30am	Opening Ceremonies / Bow-in	Gym
10:30am	Competition Starts	

## 3. Important Dates

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- February 21<sup>st</sup>, 2023 Trackie Registration Opens
- March 20<sup>th</sup>, 2023 Trackie Registration Closes
- March 23<sup>rd</sup>, 2023 U10 and U12 weights and names sent to tournament director
- March 24<sup>th</sup>, 2023 Weigh-ins Friday evening
- March 25<sup>th</sup>, 2023 Weigh-in and Competition

## 4. Tournament Venue

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### Stonewall Collegiate

5<sup>th</sup> Street West  
Stonewall, Manitoba

## 5. Eligibility & Requirements

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### Competitors Eligibility

**Minimum of 8 years old as of day of tournament and minimum yellow belt to compete.**

Must be a Registered Member of Judo Manitoba or Judo Canada.

### Referee Eligibility

Open to all levels of referee.

## 6. Competition Rules

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This event will be following the 2022-2023 Judo Canada sanctioning policy & tournament standards which can be found at the following location: <https://judocanada.org/tournament-policy-ne-waza/>.

Ne-Waza Rules : [https://www.judocanada.org/wp-content/uploads/2018/08/Ne-waza-rules-Final\\_May\\_2018\\_EN.pdf](https://www.judocanada.org/wp-content/uploads/2018/08/Ne-waza-rules-Final_May_2018_EN.pdf)

Standard IJF Competition rules for 2022-2024 Tournament Cycles will be applied. For more information see → [https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2023/02/IJF\\_Sport\\_and\\_Organisation\\_Rul-1675335306.pdf](https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2023/02/IJF_Sport_and_Organisation_Rul-1675335306.pdf)

### Key Competition Rules Additions & Clarifications

The rules below are in addition to, and are clarifications of, the IJF rules.

#### AGE/DIVISION SPECIFIC RULES

- See Appendix

#### COMPETITION

- Call to Mat
  - o Any competitor not on the mat area after having been called 3 times at 1-minute intervals will automatically lose the bout.
- Rest Periods
  - o Rest between bouts will be at a minimum of double the time of the maximum length of the bout for a given age group.
- Hygiene
  - o The judogi shall be clean, dry and without unpleasant odor.
  - o The nails of the feet and hands shall be cut short.
  - o Long hair has to be bound with an elastic band (no metal) done up and off the collar.
  - o Spectacles, watches and jewelry, body piercings, etc., are prohibited.
  - o Make up and strong scents are not allowed.

## SCORING

- Hansoku-make
  - o Any competitor disqualified by Hansoku-make for an action dangerous to the opponent or any unethical action contradictory to the spirit of sport will be disqualified from the entire event (all age groups, on all days) and will lose standing earned in the division in which they were disqualified.
  - o A competitor disqualified by Hansoku-make for any other reason loses the match but can continue in the repechage round and other divisions of the event.
- Kiken-gachi
  - o Any competitor submitting by Kiken-gachi (injury) will not be allowed to resume competition without permission of the medical officer appointed by the tournament organizing committee.

## COMPETITION UNIFORM

Competitors shall wear either a blue or white Judogi (The first competitor called shall wear the white Judogi; the second shall wear the blue). Competitors may also both wear white but are required to wear the provided white and blue sashes respectively.

**If a competitor presents themselves as the White fighter in a Blue gi, they will be asked to change into a White gi – there are no exceptions to this rule.**

Female contestants shall wear a short sleeved white shirt under their jacket that is long enough to be worn inside the trousers.

## WEIGH-INS

Competitors must register based on their estimated competition weight; however the competitor may be placed in a lighter or heavier weight class based on actual weight during weigh-in. ALL Competitors except for U10 and U12 MUST be present at the weigh-in.

**Please send U10 and U12 weights and names to the tournament director by March 23rd, 2023**

## 7. Registration

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Registration is being conducted via <https://www.trackie.com/online-registration/register/2023-balmoral-open-judo-tournament/486609/>

Please follow the instructions located on the site.

Please use Section “**8. Divisions**” of this package to identify the Division & Category for which you wish to register and compete.

**\$40 for the first division and \$20 for a second division.**

**Fees by cheque or cash payable at time of Weigh-in.**

**\*\*Athletes may compete in up to two regular divisions as well as in Ne-Waza if they are eligible\*\***

## 8. Divisions

\*\* The organizers reserve the right to modify or combine weight divisions in case of an inadequate number of participants.

**All athletes must be Minimum rank 5<sup>th</sup> kyu (Yellow Belt)**

**Ne-waza minimum rank 3<sup>rd</sup> kyu (Green Belt)**

<b>U10</b>	
Minimum Age 8 at date of tournament   Athletes born in 2014 and 2015	
Match Time: 2 minutes non-stop time; No Golden score	
No weight classes + Mixed Gender	
Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.	
<b>U12</b>	
Athletes born in 2012 and 2013	
Match Time: 2 minutes; No Golden score	
No weight classes + Male/Female OR Mixed Gender – dependant on entries.	
Athletes are grouped with closest weight in round robin format of ideally 3-4 competitors.	

<b>U14</b>	
<b>U14 MALE</b>	<b>U14 FEMALE</b>
Athletes born in 2010 and 2011	
Match Time: 3 minutes; No Golden score No Shime-waza OR Kansetsu-waza	
-32 kg	-30 kg
-35 kg	-33 kg
-38 kg	-36 kg
-42 kg	-40 kg
-46 kg	-44 kg
-50 kg	-48 kg
-55 kg	-52 kg
-60 kg	-57 kg
-66 kg	-63 kg
+66 kg	+63 kg
<b>U16</b>	
<b>U16 MALE</b>	<b>U16 FEMALE</b>
Athletes born in 2008 and 2009	
Match Time: 3 minutes; Golden score: No Limit ; No Kansetsu-waza	
-38 kg	-36kg
-42 kg	-40 kg
-46 kg	-44 kg
-50 kg	-48 kg
-55 kg	-52 kg
-60 kg	-57 kg
-66 kg	-63 kg
-73 kg	-70 kg
+73 kg	+70 kg

<b>U18</b>
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<b>U18 MALE</b>		<b>U18 FEMALE</b>	
Athletes born in 2006, 2007 and 2008			
Match Time: 4 minutes; Golden score: No Limit			
-50 kg		-40 kg	
-55 kg		-44 kg	
-60 kg		-48 kg	
-66 kg		-52 kg	
-73 kg		-57 kg	
-81 kg		-63 kg	
-90 kg		-70 kg	
+90 kg		+70 kg	
<b>U21</b>			
<b>U21 MALE</b>		<b>U21 FEMALE</b>	
Athletes born in 2003, 2004, 2005, 2006, 2007 and 2008			
Match Time: 4 minutes; Golden score: No Limit			
-60 kg		-48 kg	
-66 kg		-52 kg	
-73 kg		-57 kg	
-81 kg		-63 kg	
-90 kg		-70 kg	
-100 kg		-78 kg	
+100 kg		+78 kg	
<b>SENIOR</b>			
<b>SENIOR MALE</b>		<b>SENIOR FEMALE</b>	
Athletes born in 2008 or earlier			
<b>Novice</b> 3 <sup>rd</sup> Kyu to 5 <sup>th</sup> Kyu (Yellow to Green)			
<b>Advanced</b> 2 <sup>nd</sup> Kyu and up (Blue to Black)			
Match Time: 4 minutes; Golden score: No Limit			
-60 kg		-48 kg	
-66 kg		-52 kg	
-73 kg		-57 kg	
-81 kg		-63 kg	
-90 kg		-70 kg	
-100 kg		-78 kg	
+100 kg		+78 kg	
<b>VETERAN</b>			
<b>VETERAN MALE</b>		<b>VETERAN FEMALE</b>	
Athletes born 1993 or earlier			
Match Time: 3 minutes; Golden score: No Limit			
<b>Veteran divisions will be determined depending on entries</b>			

<b>NE-WAZA</b>	
Athletes born in 2008 or earlier	
Minimum rank 3rd kyu (Green Belt)	
Match Time: 4 minutes; Golden score: No Limit	
<b>Ne-Waza divisions will be determined depending on entries</b>	

## 9. Competition Format

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### Bracketing

- **2-3 competitors** Round Robin Pool
- **4-5 competitors** Round Robin Pool
- **6-7 competitors** Round Robin Double-Pool
- **8 or more competitors** Modified Canadian Double Elimination - knock out system with direct repechage (guarantees all competitors two contests)

### Coaching

Code of behaviour of coaches as defined in the IJF Sports and Organization Rules, Annex 4 will be strictly observed. Coaches are not allowed to give indications to the competitors while they are fighting. Only during the pause time (after mate), will coaches be permitted to give indications to their athletes. After the pause is finished, and the fight continues (hajime), coaches must keep silent. If a coach doesn't follow these rules, they can be expelled from the competition area for the day. If the coach persists with this behaviour from outside the competition area, further sanctions may be applied.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the designated Chief Referee in cooperation with the Organizing Committee.

## 10. Awards & Medal Ceremony

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Medals: Gold, Silver, and Bronze are awarded for First, Second, and Third places respectively.

The Medal presentations will take place shortly after the conclusion of each age category

**"If there is effort, there is always accomplishment"**

- Jigoro Kano, the founder of Judo -

# 11. Appendix

## Judo Manitoba Quick Reference Rules

	U10	U12	U14	U16	U18	U21	Senior	Veteran	Ne-Waza
Kansetsu Waza (Arm Bars)	No	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Shime Waza (Chokes)	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Sankaku Gatame	No	No	No	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above	Yes - Green Belt and Above
Drop Techniques	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Tani Otoshi	No	No	Yes	Yes	Yes	Yes	Yes	Yes	N/A
Sutemi Waza	No	No	Yes - Green Belt and Above	Yes	Yes	Yes	Yes	Yes	N/A
Makikomi Waza	No	Yes - <i>if started with allowed technique then Uke's reaction results in Makikomi</i>	Yes - <i>if started with allowed technique then Uke's reaction results in Makikomi</i>	Yes	Yes	Yes	Yes	Yes	N/A
Head Locking, Koshi-Guruma/Kubi-Nage	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Counter-rotation against One legged throws ie. Uchi-mata, Harai-goshi	No	No	No	Yes	Yes	Yes	Yes	Yes	N/A
Gripping	Standard Grips - <i>No crossing the front plane of opponent except on immediate throw</i>	Standard Grips - <i>No headlocking in Tachi-waza or Ne-waza</i>	Standard Grips - No headlocking in Tachi-waza	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Medical Rules	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Prohibited actions	Mate and Explain	<b>Warning</b> for the 2nd same infraction. <b>Shido</b> for 3rd subsequent infractions	<b>Shido</b> for prohibited actions	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules	IJF Rules
Time	2 mins. Non-stop No Golden Score	2 mins. Reg time No Golden Score	2 mins. Reg time No Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score	3 mins. Reg time Unlimited Golden Score	4 mins. Reg time Unlimited Golden Score