



TECHNICAL PACKAGE

DECEMBER 10, 2023,
PROVINCIALS

*Sanctioned by Judo
Manitoba*



Dear Participants,

Judo Manitoba is pleased to invite you to compete at the annual Manitoba Open Provincials in Winnipeg, Manitoba, Dec 10, 2023

Milton Good

President Judo Manitoba

Key Contacts

- Tournament Director: Milton Good – mgood@shaw.ca
- IT Management: James Colp – james.colp@outlook.com
- Chief Referee: Miguel Rueda – Miguel.rueda@aircanada.ca

Hosted by Judo Manitoba

Schedule

*** The official schedule is subject to change at the discretion of the Tournament Director in consultation with the Organizing Committee ***

| Sunday, Dec 10, 2023 | | |
|-----------------------------|--|---------------------------------|
| 9:00 to 10:00am | Weigh-ins for U14, U16, U18, U21, Senior at the tournament site | Sport Manitoba Sport Complex |
| 10:00am | No weigh-ins accepted After 10:00 am *no exceptions* | Sport Manitoba Sport Complex |
| 11:00am | Referee Meeting | Sport Manitoba Sport Complex |
| 11:30am | Competition begins | Sport Manitoba Sport Complex |

Organizing Committee

Judo Manitoba

311-145 Pacific Ave

Winnipeg MB

R3B 2Z6

Email: judo@sportmanitoba.ca

Tournament Director

Milton Good

IT management

James Colp

Responsible for registration, membership registration and draw

James Colp

Chief Referee

Miguel Rueda

Medical

Nancy Ewachewski

Emergency/Questions

Milton Good

mgood@shaw.ca

Tournament Venue

**Sport Manitoba
Sport Complex
145 Pacific Ave**

Registration

THIS IS A PRE-REGISTRATION ONLY TOURNAMENT:

Registration Opens: November 6th

Registration Closes: December 6th

- **Coach Registration:** (Minimum NCCP 1 (DA) Trained)
 - o Online registration is mandatory for all coaches:
 - o Trackie - <https://registration.judocanada.org/event/2023-manitoba-provincials-coaches/1000330/>
 - o Only 4 coaches per team/dojo allowed.
- **Athlete Registration:**
 - o Online registration for all athletes:
 - o Trackie – <https://registration.judocanada.org/event/2023-manitoba-provincials>
- **Athletes may compete in up to two regular divisions

Referees will be selected for the Provincials and contacted directly.

Eligibility

- Athletes must compete for the club of which they are a member in good standing with Judo Manitoba and have a valid Judo Canada membership.
- The minimum belt rank yellow belt

Divisions

| U14 – Born in 2011 and 2012 | |
|--|--|
| Female | -30kg; -33kg; -36kg; -40kg; -44kg; -48kg; -52kg; -57kg; -63kg; +63kg |
| Male | -32kg; -35kg; -38kg; -42kg; -46kg; -50kg; -55kg; -60kg; -66kg; +66kg |
| U16 – Born in 2009 and 2010 | |
| Female | -36kg; -40kg; -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; +70kg |
| Male | -38kg; -42kg; -46kg; -50kg; -55kg; -60kg; -66kg; -73kg; +73kg |
| U18 – Born in 2007, 2008 and 2009 | |
| Female | -40kg; -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; +70kg |
| Male | -50kg; -55kg; -60kg; -66kg; -73kg; -81kg; -90kg; +90kg |
| U21 – Born in 2004, 2005, 2006, 2007, 2008 and 2009 | |
| Female | -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg |
| Male | -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg |
| Senior – Novice and Advanced Born in 2009 and earlier | |
| Female | -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg |
| Male | -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg |

*Note:

- For U14, U16, U18, U21 **Yellow belt min**
- For Senior:
 - o Yellow to Blue division **minimum age of 15 years old**
 - o Brown and Blackbelt division **minimum age of 15 years old.**

** The organizers reserve the right to modify or combine weight divisions in case of an inadequate number of participants.

Registration Fees

| Division | Cost |
|--------------------------------|-------------|
| All Divisions – First Division | \$40 |
| Second Division | \$20 |

Payment in cash, by cheque (made out to Judo Manitoba) or e-transfer to judo@sportmanitoba.ca is due at time of weigh-in

Athletes may compete in up to two regular divisions for which they are eligible

Competition Format

- **U14, U16, U18, U21 and Senior**

- o The modified double elimination format will be used.
- o In weight categories with six (6) or seven (7) competitors, the double pool format will be used
- o In weight categories with five (5) or fewer competitors, the round-robin/pool format will be used.
- o In the event of a double or triple tie in the round-robin/pool format, tied competitors compete again in a round robin/pool. Each tie-breaker bout will be fought in the Golden Score format.
- o Tournament regulations as per Judo Canada's Sanction Policy and Tournament Standards – 2023-2024.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Manitoba designated Chief Official in cooperation with the Organizing Committee.

Medal Ceremony

Medals for Gold, Silver and Bronze are awarded for First, Second and Third places respectively.

- At Provincials, medals are only awarded if contests have been fought and the contestant won a minimum of one bout.
- The allocation of medals is determined by the number of competitors competing in a category as follows:
 - o One competitor: no medal
 - o Two competitors: 2 medals – providing that both won a bout
 - o Three competitors: 3 medals – providing that three won at least one bout
 - o Four competitors: 3 medals
 - o Five competitors: 3 medals
 - o Six and more competitors: 4 medals
- Medal winners must attend the medal ceremony in their judogi.

Insurance

Judo Manitoba (or any of its officials or members) will not be liable or responsible for any personal injury nor for any loss or damage to any property resulting from participation and travelling in connection with these championships.

Key Competition Rules & Clarifications

The rules below are in addition to, and are clarifications of, the IJF rules.

- Tournament Regulations as per Judo Canada's Tournament Standards and Sanctions manual, unless specified otherwise in this document.
- The Tournament Director and Judo Manitoba reserve the right to revoke the accreditation of anyone showing blatant disrespect for the rules and procedures of the competition or unethical behavior.

AGE/DIVISION SPECIFIC RULES

- See Appendix

COMPETITION

- Call to Mat
 - o Any competitor not on the mat area after having been called 3 times at 1-minute intervals will automatically lose the bout.
- Rest Periods
 - o Rest between bouts will be at a minimum of double the time of the maximum length of the bout for a given age group.
- Hygiene
 - o The judogi shall be clean, dry and without unpleasant odor.
 - o The nails of the feet and hands shall be cut short.
 - o Long hair has to be bound with an elastic band (no metal) done up and off the collar.
 - o Glasses, watches and jewelry, body piercings, etc., are prohibited.
 - o Make up and strong scents are not allowed.

SCORING

- Hansoku-make
 - o Any competitor disqualified by Hansoku-make for an action dangerous to the opponent or any unethical action contradictory to the spirit of sport will be disqualified from the entire event (all age groups, on all days) and will lose standing earned in the division in which they were disqualified.
 - o A competitor disqualified by Hansoku-make for any other reason loses the match but can continue in the repechage round and other divisions of the event.
- Kiken-gachi
 - o Any competitor submitting by Kiken-gachi (injury) will not be allowed to resume competition without permission of the medical officer appointed by the tournament organizing committee.

COMPETITION UNIFORM

Competitors shall wear either a blue or white Judogi (The first competitor called shall wear the white Judogi; the second shall wear the blue). Competitors may also both wear white but are required to wear the provided white and blue sashes respectively.

If a competitor presents themselves as the White fighter in a Blue gi, they will be asked to change into a White gi – there are no exceptions to this rule.

Female contestants shall wear a short sleeved white shirt under their jacket that is long enough to be worn inside the trousers.

For any concerns or questions, please contact Milton Good: mgood@shaw.ca

Appendix

Judo Manitoba Quick Reference Rules

| | U10 | U12 | U14 | U16 | U18 | U21 | Senior | Veteran | Ne-Waza |
|---|--|---|---|--|--|--|--|--|--|
| Kansetsu Waza (Arm Bars) | No | No | No | No | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above |
| Shime Waza (Chokes) | No | No | No | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above |
| Sankaku Gatame | No | No | No | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above | Yes - Green Belt and Above |
| Drop Techniques | No | No | No | Yes | Yes | Yes | Yes | Yes | N/A |
| Tani Otoshi | No | No | Yes | Yes | Yes | Yes | Yes | Yes | N/A |
| Sutemi Waza | No | No | Yes - Green Belt and Above | Yes | Yes | Yes | Yes | Yes | N/A |
| Makikomi Waza | No | Yes - if started with allowed technique then Uke's reaction results in Makikomi | Yes - if started with allowed technique then Uke's reaction results in Makikomi | Yes | Yes | Yes | Yes | Yes | N/A |
| Head Locking, Koshi-Guruma/Kubi-Nage | No | No | No | Yes | Yes | Yes | Yes | Yes | N/A |
| Counter-rotation against One legged throws ie. Uchi-mata, Harai-goshi | No | No | No | Yes | Yes | Yes | Yes | Yes | N/A |
| Gripping | Standard Grips - No crossing the front plane of opponent except on immediate throw | Standard Grips - No headlocking in Tachi-waza or Ne-waza | Standard Grips - No headlocking in Tachi-waza | IJF Rules | IJF Rules | IJF Rules | IJF Rules | IJF Rules | IJF Rules |
| Medical Rules | Unlimited | Unlimited | Unlimited | Unlimited | Unlimited | IJF Rules | IJF Rules | IJF Rules | IJF Rules |
| Prohibited actions | Mate and Explain | Warning for the 2nd same infraction. Shido for 3rd subsequent infractions | Shido for prohibited actions | IJF Rules | IJF Rules | IJF Rules | IJF Rules | IJF Rules | IJF Rules |
| Time | 2 mins. Non-stop No Golden Score | 2 mins. Reg time No Golden Score | 2 mins. Reg time No Golden Score | 3 mins. Reg time Unlimited Golden Score | 4 mins. Reg time Unlimited Golden Score | 4 mins. Reg time Unlimited Golden Score | 4 mins. Reg time Unlimited Golden Score | 3 mins. Reg time Unlimited Golden Score | 4 mins. Reg time Unlimited Golden Score |